

FREE STATE NEWSLETTER

2024 MEMORIES *matter* - A CHRISTMAS EDITION

DECEMBER 2024

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Top News

2024 Marks new beginnings for our ADASA team in the Free State.

Roping in the Youth

Roping in the youth in an endeavour to fight the scourge of elderly women living with dementia being perceived as witches.



Thakane Raditapole

Our new ADASA Free State Regional Manager took over the position from 1 October 2024 from Sanet Strydom.



Launch of 'Monyakeng Support Group for Older People'

Launch of 'Monyakeng Support Group for Older People'. The group aims to assist with any type of challenge facing an elderly person in their community. The committee is representative of stakeholders from all spheres, including Youth groups.

“Our tutor was humble and understanding. She must keep-up the excellent tutoring.”

Feedback from a training session - Anonymous



Crafts Narrative

Dementia crafts groups for people with symptoms of early to moderate stages of dementia. They have much fun doing the activities, especially those that are munched on afterwards.

“Our tutor was friendly, helpful and open for questions.”

Feedback from a training session - Anonymous



“Our tutor, was speaking and making the class easier to understand.
She was also very patient..”

More feedback from training sessions - Anonymous

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Merry Christmas
from the
adasa team



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