

LIMPOPO NEWSLETTER

2025 MEMORIES *matter* - A CHRISTMAS EDITION

DECEMBER 2025

ISSUE #02



A Heartfelt Thank You

Our heartfelt thanks go out to the generous donors, partners, and vibrant communities of Waterberg, Vhembe, and Capricorn. Thanks to your unwavering support, we were able to bring essential dementia services to **6,385 individuals** this year—touching the lives of youth, adults, older persons, and persons living with disabilities alike.

Now, older persons across these districts are living healthier, more connected lives, and their families are equipped with new resources and greater understanding, breaking down stigma day by day. At the same time, local schools and community groups are stepping into roles as passionate champions for dementia awareness.

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We extend our deepest gratitude to our donors and partners for their vital role in planting seeds of compassion for future generations. Through strong, collaborative partnerships with the Department of Social Development, NGOs, local schools, and community leaders, we have ignited a ripple effect of positive change. This holistic approach has fostered more vibrant, resilient communities where older persons are valued as vital contributors, not merely recipients of care.



Highlights of the Year, Alzheimer's Month (September 2025) Awareness Event.



Core Initiatives & Achievements

As ADASA Limpopo, we delivered impactful results across our province:

- **Ensured Accessibility:** Our auxiliary social workers expanded service delivery across all three districts, significantly boosting outreach and client satisfaction.
- **Built Local Capacity:** We conducted targeted presentations for caregivers, community leaders, and professionals, facilitating essential skills transfer.
- **Provided Direct Support:** We offered crucial counselling, consultation, and informative one-on-one interactions for families and individuals.
- **Delivered Practical Education:** We held educational workshops on care techniques and essential caregiver self-care.
- **Engaged Future Generations:** We connected with youth through interactive school workshops, investing in long-term community awareness and compassion.

Impact Snapshot

- **75%** of participants reported increased knowledge and confidence (data from post-session surveys).
- **6 385** beneficiaries reached, reflecting a **42% rise** from last year.

At ADASA Limpopo, our work goes beyond just programs, it transforms lives and communities. We have made a profound difference by fostering awareness, dignity, and active participation among older persons, who are often marginalised or overlooked. Through the dedicated efforts of our auxiliary social workers who serve as compassionate connectors, we have reached thousands of seniors, empowering them with vital knowledge about dementia, health, and active aging.



Students during a school information session in Waterberg



Community youth outreach in Vhembe.

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Merry Christmas
from the
adasa team



TOGETHER WE CAN MAKE A DIFFERENCE

Your donation is SARS tax-deductible, and we give you recognition through issuing of a Section 18A certificate.

BANK DETAILS:

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